Membership Application

Name:			
Email:			
Phone numbe	r:		
Applying for:	Adult	Senior Citizen	☐ Walker
Expectations			
respect, honesty, of not propping t	responsibility, a	and kindness. All members are	d to display community values of e expected to follow the district rules is to the facility. Members behaving will not be given.
Liability Relea	ıse		
Community Fitne	ess Center and, 1		ent risks involved with using the and all safety standards, guidelines
and/or bodily inj or in any way cor waive on behalf of causes of action, School District, it	ury, including danected with using fingself and all attorneys' fees atts officers, empl	eath, however caused, includi ing the fitness center. To this claims, demands, rights, dama and expenses, of any nature w	nd future loss of damage to property ng negligence, from or arising out of end, I irrevocably and unconditionally ages, costs, losses, suits, actions, whatsoever, against the Berlin Area I their heirs, executors and assigns for using the fitness center.
Signature			Date
Office Use On			
Issued Card N	umber		
Paid C	ash	Check #	

Berlin Area School District Community Fitness Center Information

The Berlin Community Fitness Center, located in Berlin Middle School, exists to provide residents of the Berlin Area School District a venue to utilize weight training and aerobic exercise equipment during regularly scheduled community hours. A wide variety of equipment is available for our citizens to use, including weight resistance machines, free weights, treadmills, exercise bikes and elliptical training. The fitness center is located on the east side, first floor of the middle school.

The fitness center and first floor hallway of Berlin Middle School will be open for community use for individuals to workout and walk during the following times:

Monday-Friday

6:00 to 9:00 pm

Closed on no school days, weekends, holidays, and during the summer.

Yearly membership fees are (September 5-May 31):

Fitness Center use:

Adult - age 18+ **\$70.00 per year**

Senior Citizen - age 62+ \$35.00 per year

Walkers:

All members \$5.00

If you are interested in using the Community Fitness Center, please read the following expectations and fill out the membership application on the last page. Drop it off or send it to:

Berlin Middle School 242 Memorial Drive Berlin, WI 54923

Fitness Center & Walking Expectations

- The number one concern in the Fitness Center is SAFETY
- Use a spotter when lifting
- No horse play
- Return all weights to their proper storage area after use
- Also use common sense. If you see potential danger, please report it
- Keep weights and dumbbells off of the wood platforms
- Do not drop weights on the floor
- Return treadmills to the flat position, so they are not on an incline
- Food and beverages are not allowed, only water
- Sanitize equipment after use
- Clean up after yourself
- Walkers stay on the Middle School First floor only
- Use the Fob to enter through Door J (east side of the middle school)