

Membership Application

Name: _____

Email: _____

Phone number: _____

Applying for: Adult Senior Citizen Walker

Expectations

All members using the Community Fitness Center are expected to display community values of respect, honesty, responsibility, and kindness. All members are expected to follow the district rules of not propping the door open and giving non-members access to the facility. Members behaving inappropriately may have their membership revoked. Refunds will not be given.

Liability Release

I understand and appreciate that there are a number of inherent risks involved with using the Community Fitness Center and, therefore, agree to follow any and all safety standards, guidelines and procedures established for using the fitness center.

I agree to assume responsibility for any and all past, present and future loss of damage to property and/or bodily injury, including death, however caused, including negligence, from or arising out of or in any way connected with using the fitness center. To this end, I irrevocably and unconditionally waive on behalf of myself and all claims, demands, rights, damages, costs, losses, suits, actions, causes of action, attorneys' fees and expenses, of any nature whatsoever, against the Berlin Area School District, its officers, employees, volunteers, agents, and their heirs, executors and assigns for any injuries, foreseen and unforeseen, that should occur from using the fitness center.

Signature

Date

Office Use Only:

Issued Card Number _____

Paid Cash Check # _____

Fitness Center & Walking Expectations

- The number one concern in the Fitness Center is SAFETY
- Use a spotter when lifting
- No horse play
- Return all weights to their proper storage area after use
- Also use common sense. If you see potential danger, please report it
- Keep weights and dumbbells off of the wood platforms
- Do not drop weights on the floor
- Return treadmills to the flat position, so they are not on an incline
- Food and beverages are not allowed, only water
- Sanitize equipment after use
- Clean up after yourself
- Walkers stay on the Middle School **First floor only**
- Use the Fob to enter through Door J (east side of the middle school)