



## **Berlin Area School District Stay-at-Home Health Guidelines**

### **Keep your child home when.....**

1. Oral temperature is 100.0° F or higher. The child's temperature **must** be less than 100.0° F for 24 hours before returning to school. ***Fever-free does not count if there is no fever because the child took Ibuprofen (Motrin) or Acetaminophen (Tylenol). The child's temperature has to be down on its own.***
2. Cold symptoms serious enough to interfere with your child's learning.
3. Coughing that interferes with his/her learning and those around them.
4. Diarrhea or vomiting. Children who are vomiting and/or have diarrhea must stay home. ***The child should be vomit and/or diarrhea free with a normal temperature for 24 hours before returning to school.***
5. Cough causing difficulty breathing or moderate chest pain.
6. Undiagnosed rash or open sores with drainage.
7. Headache severe enough to interfere with learning
8. Abdominal pain accompanied by fever, diarrhea, vomiting.
9. Sore throat serious enough to interfere with swallowing or accompanied by a fever or rash.
10. Head lice infestation.
11. "Pink eye" if drainage present or discomfort/itching interferes with learning.
12. Any bacterial infection until child on antibiotics for 24 hours. Children who have been prescribed antibiotics for a respiratory bacterial infection (strep throat, tonsillitis, pneumonia, bronchitis, etc.) should not return to school until they have taken the antibiotic for 24 hours.

For your child, a simple 'stomach bug' or 'cold' is not that serious but it can be for others around them especially those with asthma, diabetes, or other health problems—these illnesses could be life threatening. It is so important to decrease the spread of any viral or bacterial illness in the schools.

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